Shaolin 90-minute party  
  
First 15 minutes: Obstacle course including rope swing, trampoline, climbing, jumping and tumbling  
Next 8 minutes: Nunchuck demonstration and fun lesson for all to enjoy!  
Next 12 minutes: Dodgeball. Parent participation optional  
10-minute Snack break. (Option main meal)  
Next 15 minutes: Parkour   
Next 15 minutes: Zip line. Kids soar across the dojo with delight!  
Next 5 minutes: Birthday child board break and group pictures  
Last 10 minutes: Sword-cutting cake ceremony, eat cake and hand out goody bags  
  
Kung Fu 2-hour party   
  
First 15 minutes: Obstacle course including rope swing, trampoline, climbing, jumping and tumbling  
Next 10 minutes: Nunchuck demonstration and fun lesson for all to enjoy!  
Next 15 minutes: Dodgeball. Parent participation optional  
10-minute Snack break. (Option main meal)  
Next 15 minutes: Parkour   
Next 20 minutes: Zip line. Kids soar across the dojo with delight!  
Next 5 minutes: Birthday child board break and group pictures  
Next 10 minutes: Expert Martial Arts demonstration  
Last 20 minutes: Sword-cutting cake ceremony, eat cake and hand out goody bags (\*option piñata supplied by host, not Shaolin Kempo Arts.)

Ninja Warrior 2-hour party with inflatable jumpy  
  
First 15 minutes: Obstacle course including rope swing, trampoline, climbing, jumping and tumbling  
Next 10 minutes: Nunchuck demonstration and fun lesson for all to enjoy!  
Next 15 minutes: Dodgeball. Parent participation optional  
15-minute Snack break and jumpy play time. (Option main meal)  
Next 15 minutes: Parkour   
Next 20 minutes: Zip line. Kids soar across the dojo with delight!  
Next 5 minutes: Birthday child board break and group pictures  
Next 5 minutes: Expert Martial Arts demonstration  
Last 25 minutes: Sword-cutting cake ceremony, eat cake, jumpy play time and hand out goody bags (\*option piñata supplied by host, not Shaolin Kempo Arts.)  
\*These time frames are an approximation, but very close and all of the activities listed are included! If ordering pizza, we recommend delivery 30 minutes into the party in preparation for the snack break.